

**SPA ALILA PHILOSOPHY**

**Naturally From The Heart...**

At Spa Alila, we are committed to provide unique treatments from the heart, blending ancient Asian healing techniques with age-old beauty recipes featuring the curative benefits of fresh, natural, quality ingredients.



**SPA VILLAS**

Spa Alila at Alila Villas Uluwatu sits on 720 sqm of land and consists of 5 spa villas and an open living area at the Spa Reception. All spa villas are designed for couples and are equipped with outdoor shower as well as open air bath tub.

Facilities	Size (sqm)
Spa Villa 1	70.16
Spa Villa 2	76.37
Spa Villa 3	83.85
Spa Villa 4	87.02
Spa Villa 5	83.81

**CLIFF EDGE SPA CABANA**

Sitting a few meters above the sea level on the cliff side of the property, Cliff Edge Spa Cabana offers a breathtaking view of the Indian Ocean from its privately secluded 24-sqm treatment cabana.



**OUR TREATMENTS**

**Nurturing Mind and Body Wellness**

Indulge in head-to-toe pampering with our luxurious spa treatments, specially created to promote the cleansing and regeneration of your body, while inducing total mental and physical relaxation.

**SPA ALILA PRODUCTS**

**Pure Inspiration...**

Spa Alila believes in all things natural, whether it be the spa ingredients that we source locally, or international brands that complement our treatment range. Spa Alila products are made from a creative blend of ingredients such as indigenous plants, fruits, herbs and spices.

**Spa Manager** Jacky Michelle  
jacky.michelle@alilahotels.com

**Spa Reception** DPSAV-SPA@alilahotels.com

**Opening Hours** Spa Villa **9 am – 10 pm**  
Cliff Edge Spa Cabana **9 am – 6 pm**

**ALILA VILLAS ULUWATU – SIGNATURE**

**Therapeutic Massage - 90 minutes**

Experience a complete body awakening with a combination of therapeutic massage techniques using fluent strokes of different depths and intensity. Long Balinese strokes improve lymphatic drainage and circulation. Swedish deep tissue techniques work into muscles to relieve tension and stiffness. Acupressure points are used for specific stimulation, while Thai movements add elements of stretching to increase mobility.

**Alila Villas Uluwatu**

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