

Known for its bucolic hillside vineyards and laid-back California vibe, Napa is the ideal destination to slow down, catch your breath, and rediscover yourself.

It's not only the perfect location with its temperate climate and nutrient-rich soil to grow grapes for its beloved wines, but it also produces some of nature's most healing botanicals. With soothing treatments that draw on nourishing ingredients from the land, Spa Alila provides an elevated experience that delivers consciously crafted spa therapies that are artfully prepared just for you. Inspired by ancient healing traditions, aromatherapy, and artisanal creations, our menu bestows balance and a sense of deep rest and renewal. Here, nature takes center stage.

Signature Ritual

PASSAGE TO PEACE

Rooted in ancient wisdom and the healing power of nature, our signature ritual takes you on a sensory journey that enhances both emotional and physical health. Focused on restoring balance between the mind and body, Ayurveda provides the path to radiant well-being. Unwind and open yourself up to a deep and enveloping peace with our soothing Ayurveda-inspired massage using warmed herbal-infused oils to calm the nervous system. The journey continues with our signature holistic facial, customized specifically for your skin type. This specialized treatment returns the body to a state of equilibrium and instantly rejuvenates the skin.

2.5 HOURS/\$440

FACIALS...a sensory experience to restore skin's natural radiance

Nourish your skin with the healing benefits of natural and holistic ingredients that work in harmony with the skin's natural function. Our soothing facials promote overall skin health while transporting you to a state of bliss.

INDULGENCE

This sublime anti-aging facial infuses the skin with a protein-rich caviar and powerful marine actives to firm and refine skin tone. It revitalizes the skin, leaving it looking refreshed and radiant.

60 MINUTES/\$275

HOLISTIC HEALING

This healing facial focuses on radiant skin as a reflection of inner health to deliver transformative results. It begins with a luxurious skin brushing to stimulate lymphatic flow, followed by a hypnotic sculpting massage to release facial tension, improve blood flow, and nourish the skin's microbiome.

60 MINUTES/\$225

GLOW

Reignite skin's youthful luminosity with the ultimate power couple: vitamin C and marine botanicals. This glow-enhancing treatment combines potent, brightening L-ascorbic acid with three hydrating, revitalizing algae. It brightens, firms, and dramatically improves skin texture and tone.

60 MINUTES/\$215

REMEDY

This regenerating facial stimulates cellular renewal with a host of performance-driven ingredients. All-natural AHAs gently exfoliate dead skin cells and active ingredients, such as argan plant stem cells, peptides, and retinol, work together to help reduce fine lines and wrinkles while firming and toning skin.

60 MINUTES/\$215

Add on... indulgences

HYALURONIC MOISTURE INFUSION

This sheet mask infused with hyaluronic fluid drenches the skin with moisture, leaving it nourished and intensely hydrated.

\$25

DEEP MUSCLE RENEWAL UPGRADE

Enhance any massage with deep muscular work or pressure therapy.

\$25

REVITALIZING SCALP MASSAGE

Helping to clear and refresh the mind, this tantalizing massage incorporates aromatherapy oils to stimulate the scalp and nourish the hair.

\$25

MASSAGES...an aroma journey to wellness renewal

Embark on a journey to restore balance and well-being to your body, mind, and spirit. Our treatments captivate the senses with a host of soothing and invigorating scents. Marrying aromatherapy with the ancient Indian practice of Ayurveda, these result-oriented offerings help you find balance, renew energy, boost immunity, and more. Honoring the ancient traditions of holistic healing, our treatments are infused with the pure, healing essence of nature.

AYURVEDA DOSHA BALANCING

This personalized massage nurtures the skin with warm herbal-infused oil specially selected to balance your dosha, or personal constitution. Incorporating cinnamon, basil, and rosemary essential oils, it works to alleviate everyday tension while also bringing the five elements—earth, fire, water, ether, and air—back into balance in the body.

60 MINUTES/\$225

CALM BEYOND

The ultimate stress reliever, this soothing massage encourages you to unwind by releasing stress and tension in the body and mind. Promoting a sense of overall well-being, it features a blend of essential oils, including lavender, bergamot, clary sage, and chamomile, to comfort and calm.

60 MINUTES/\$225

IMMUNE BOOST

Support immune resilience with a relaxing massage that relieves stress and incorporates essential oils, such as eucalyptus and lemon, which are traditionally used to boost immunity. It also helps to ease breathing and improve respiratory health.

60 MINUTES/\$225

RENEW AND RESET

Replenish depleted energy with this uplifting treatment. Ideal for treating travel fatigue, it helps revive the body with a host of refreshing and invigorating essential oils, including lemongrass, rosemary, and peppermint.

60 MINUTES/\$225

Keeping You Safe

The safety and well-being of our guests and colleagues is always a top priority. In an effort to ensure a healthy environment, and in accordance with the state reopening guidelines, we have implemented additional hygiene and safety measures:

- Advanced appointments are required
- Steam room is closed for use at this time
- Guests may only arrive 30 minutes prior to scheduled time and may only stay 30 minutes after service is complete
- Masks are required to enter the spa and will be required during massages
- Social distancing required in public areas
- Each of our treatment rooms has been equipped with individual HEPA filter air purifiers that will continuously sanitize the air in the treatment room, four times per hour

SPA ALILA

SPA HOURS 9:30AM-6:00PM, FRIDAY - SUNDAY

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